



The Blast Information Sheet



Greetings!

Like the name implies, this new camp is all about having a wicked good time but without kayaks and ropes. Try to keep up with us as take the 100' slip-n-slide, river swim, rope swing, zip-line and exploring the sweetest spots in the James River Park System to a brand new level!

Parent Information

Unpaid balances are due two weeks before the start of your Camp session. **For your convenience, we will debit your Credit Card with the balance due, unless we have received instructions that a check is on the way.** Thank you for your prompt attention to this

Drop-off and Pick-up

The drop-off and pick-up is at the American Civil War Center - formerly Tredegar Iron Works - next to the Belle Isle parking lot.

Check-in and Check-out

All campers must be accompanied by a parent or legal guardian for check-in on the first day of their camp session. Please **arrive between 8:00-8:30am on the first day of your camp session.** Camper check-out begins at 4:45pm. but you may pick-up as late as 5:30pm.

Camp Hours

The Blast camp hours are [Monday through Friday from 8:45am. to 4:45pm.](#) For parents' convenience, counselors will be in the ACWC parking lot each morning by 8:00am to greet campers, and at the end of the day we will remain at the parking area until 5:30pm.

What to Bring & Wear

Come to Passages wearing your **bathing suit, shorts and a t-shirt.** Take care to select shoes that you don't mind getting wet and dirty. We strongly recommend **durable sandals** (not flip-flops) AND **non-cotton socks are a must!** - This keeps the sandals from rubbing your wet feet. All campers should come with a **hydration pack** or water bottle and a layer of sunscreen. We will reapply sunscreen throughout the day. Please keep an eye on the weather forecast each morning. If rain or chilly weather is likely, dress accordingly. Bring a light, waterproof jacket and a small book bag with a towel and change of clothes. Please make sure your name is on everything! Be prepared to swim every day. **Passages supplies lunch, drinks, and snacks daily.** We also supply all equipment for all activities

Parents' Day & Closing Ceremony

On Friday we invite you to attend a small Ceremony at the picnic tables in the courtyard of the American Civil War Center (located in the courtyard on the other side of the water wheel). The ceremony will begin at 4:00pm.

Feedback

Your comments and suggestions serve as our compass towards improving our program each year. Please complete our on-line evaluation sheet with your camper at the end of your camp session.

"Fun is Good."
...Theodor Geisel

I, the undersigned, desire to participate in, and (if participant is a minor, 17 years of age and younger), I, the parent/legal guardian of the participant, grant permission for the participant to participate in, the following rigorous physical activities (the "Activities") and/or use certain climbing and adventure equipment (the "Equipment") owned and/or provided by Peak Experiences, Inc. and/or Passages Adventure Camps (collectively "PEAK"):

- Indoor climbing wall, ropes and climbing gear;
- Day and overnight camps and other programs involving activities and gear for kayaking, rappelling, zip-lining, slack lining, rock climbing, bouldering, wilderness survival skills, swimming and other rigorous activities;
- High ropes course, consisting of a series of elements made of cables, ropes, planks and trapeze bar located more than 30 feet above the ground; and
- Adventure trips and challenge activities.

Each person signing below acknowledges that using the Equipment and participating in the Activities is inherently dangerous, involves strenuous physical activity and a risk of severe injury or death. Each person also understands that wearing a helmet while using the Equipment and/or participating in the Activities is highly recommended. If the participant is a minor, the parent/legal guardian certifies that he or she has discussed with the participant the inherent dangers and risks of using the Equipment and participating in the Activities.

Each person signing below certifies that the participant does not suffer from back, leg, arm, hand or other bodily injuries or medical conditions, heart ailments, dizziness, vertigo, or any other condition that may affect the participant's ability to safely participate in the Activities or use the Equipment.

To the fullest extent permitted by Virginia law, the persons signing below assume all risks involved from the participant using the Equipment and participating in the Activities and agree to indemnify, hold harmless and defend PEAK from and against any loss, damage, liability and expense, including costs and attorney's fees, incurred by PEAK as a result of the participant's use of the Equipment or participation in the Activities.

The laws of the Commonwealth of Virginia shall govern the rights and obligations of the parties hereto and the interpretation, construction and enforceability of this document. The persons signing below agree that any lawsuit brought against PEAK shall be brought solely in the Circuit Court for Chesterfield County, Virginia, and I/we hereby voluntarily waive any right I/we may have to a trial by jury in any action, proceeding or litigation involving PEAK. I/we further agree that if any portion of this Acknowledgment of Risks is construed to be invalid or unenforceable, the remainder of this document shall not be affected and shall be given full force and effect without regard to the invalid and/or unenforceable portion.

A signed, faxed copy of this document shall be deemed an original. PEAK'S fax #. is 804-897-5476. I/we grant PEAK the right to use for promotional purposes the participant's photo, video or audio taken in any PEAK activity.

PARTICIPANT'S NAME:

LAST: _____ FIRST: _____

E-mail address: _____ Date of birth: ____ - ____ - ____

Street: _____ City: _____ State: _____ Zip: _____

Home phone: _____ Work phone: _____ Cell phone: _____

Gender: M or F

Emergency contact name: _____ Phone number: _____

Signature of participant (if age 7 or older): _____ Date : _____

Signature of parent/legal guardian (if participant is a minor): _____ Date : _____

Camper Information Form

To be filled-out by a Parent

Name (Last, First): _____ Camp Session _____

Preferred Email address: _____

In case of emergency contact: (1) _____ Phone: _____

(2) _____ Phone: _____

Medical History

What do you want us to know about your Camper? _____

Any food allergies? Please explain: _____

How about insect bites, plants? Please explain: _____

Or, drug allergies? Please explain: _____

Is your Camper currently taking any medications? NO YES

Name of Medication/Purpose _____

Primary Care Physician _____

Insurance Carrier and Policy Number _____

Health History (check all that apply with approximate dates):

- | | |
|--|---|
| <input type="checkbox"/> Asthma/Respiratory Problems | <input type="checkbox"/> Heart Problems |
| <input type="checkbox"/> Muscle-Skeletal Problems | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Seizures | <input type="checkbox"/> Hypertension |
| <input type="checkbox"/> Knee/shoulder problems | <input type="checkbox"/> Back injuries problems |
| <input type="checkbox"/> Penicillin | <input type="checkbox"/> Tetanus vaccine |
| <input type="checkbox"/> Other Medical Problems | |

Emergency Authorization

I hereby grant permission to Peak Experiences Staff or other Emergency Medical Personnel to render emergency or first aid treatment for any and all illnesses and injuries to the above named participant.

Parent or Guardian Signature _____ Date: _____

Can you spare a recent photo? We use them to get to know our Campers!

Directions to: The American Civil War Center

Adjacent to Belle Isle parking lot

From West End or Southside via Downtown Expressway

- Downtown expressway to Toll Plaza (\$.70).
- Take Byrd Street/2nd Street exit.
- Follow Byrd to 5th Street, Right on 5th Street.
- Go to end of 5th Street, right on Tredegar Street.
- Take a right into the 2nd Civil War Center parking entrance.
- If you enter Dominion property, you have gone too far.

From Airport/64 West (East End)

- Airport Drive to 64 West.
- 64 West to 5th Street Exit.
- Follow 5th Street and cross Byrd Street (Stop sign).
- Go to end of 5th Street, right on Tredegar Street.
- Take a right into the 2nd Civil War Center parking entrance.
- If you enter Dominion property, you have gone too far.

From Manchester Bridge (South of the James)

- From Bridge, turn left on Canal Street.
- Go to 5th Street and take left on 5th Street.
- Go to end of 5th Street, right on Tredegar Street.
- Take a right into the 2nd Civil War Center parking entrance.
- If you enter Dominion property, you have gone too far.

95 South (from the North)

- Follow 95 south to the 3rd Street exit.
- Follow 3rd Street to Byrd Street.
- Left on Byrd, right on 5th Street.
- Go to end of 5th Street, right on Tredegar Street.
- Take a right into the 2nd Civil War Center parking entrance.
- If you enter Dominion property, you have gone too far.

95 North (from the South)

- 95 North to Downtown Expressway Exit.
- Downtown Expressway to Canal Street Exit (\$.20).
- Canal Street to 5th Street, left on 5th Street.
- Go to end of 5th Street, right on Tredegar Street.
- Take a right into the 2nd Civil War Center parking entrance.
- If you enter Dominion property, you have gone too far.

Directions to: Peak Experiences Indoor Rock Climbing Center

Behind the Shoppes at Bellgrade

From the West End

- Take Parham Road to Chippenham Parkway South.
- Exit at Huguenot Road and bear right.
- Follow Huguenot Road for 3.5 miles to the Shoppes at Bellgrade on the right.
- Turn right onto Polo Parkway.
- Turn left onto Polo Circle.
- We are the tall, tan building with the green roof.

From the Far West End

- Take 64 East to #288 South
- #288 South to Robious Rd East
- Take Robious Rd East to Huguenot Rd
- Turn Left onto Huguenot Rd
- Turn left into the Shoppes at Bellgrade
- Turn left onto Polo Circle
- We are the tall, tan building with the green roof.

From the North Side

- Take Powhite Parkway South.
- Take the Forest Hill Avenue exit.
- Bear right after Toll Plaza (\$.50).
- Go 2 miles to Huguenot Road.
- Take left on Huguenot Road and go 2.6 miles.
- Turn right onto Polo Parkway.
- Turn left onto Polo Circle.
- We are the tall, tan building with the green roof.

From the Midlothian Area

- From Midlothian Turnpike at Chesterfield Towne Center take Huguenot Road North for 1.5 miles.
- Take left at Shoppes at Bellgrade onto Polo Parkway.
- Turn left onto Polo Circle.
- We are the tall, tan building with the green roof.

From the South

- Take 95 North to Chippenham Parkway.
- Take Forest Hill Avenue West exit.
- Go 2 miles to Huguenot Road.
- Take left on Huguenot Road and go 2.6 miles.
- Turn right onto Polo Parkway.
- Turn left onto Polo Circle.
- We are the tall, tan building with the green roof.

From Mechanicsville Area

- Take 64 West to Powhite Parkway South.
- Take the Forest Hill Avenue exit.
- Bear right after Toll Plaza (\$.50).
- Go 2 miles to Huguenot Road.
- Take left on Huguenot Road and go 2.6 miles.
- Turn right onto Polo Parkway.
- Turn left onto Polo Circle.
- We are the tall, tan building with the green roof.